

TOYOHARI

Japanese Needle Therapy

**150 hours of instruction spread over twenty days, across eight weekends,
over nine months, plus 15 hours online.**

The Toyohari Postgraduate Training runs from September 2026 to May 2027.
The European Branch of the Toyohari Association (EBTA) is delighted once again to announce
the international Toyohari Postgraduate Training Program in Denmark.

Instructors:

Stephen Birch, Junko Ida, Joke Bik-Nowee, Marian Fixler,
Sue Pready, Miguel Cabrer Mir, Anja Stiehle, Sascha Gröbe, Nicolas Hüppelshäuser,
Lars Schuster og Naoko König.

EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION

LUMANERI HOUSE, BLYTHE GATE, BLYTHE VALLEY PARK, SOLIHULL B90 8AH, UK

WHAT IS TOYOHARI

Toyohari is a form of Keiraku Chiryō, a Japanese meridian therapy. It is a theoretically simple yet technically sophisticated complete acupuncture system. Toyohari sets itself apart from most other forms of acupuncture by being a more subtle and sensitive treatment method that places great emphasis on pulse diagnosis and palpation skills.

The Toyohari Medical Association has developed unique training and teaching methods that can expedite the acquisition of these skills, which typically take many years of practice to attain. Many individuals who have studied the Toyohari style within acupuncture have expressed that it resembles more closely what they initially expected to study in their acupuncture foundational education.

THE HISTORY

Kodo Fukushima, a blind Japanese acupuncturist, founded the Toyohari Medical Association in 1959 as an advancement of the meridian therapy practiced by blind practitioners in the 1930s and 1940s. Initially, the association was dedicated to Japanese meridian therapy for blind students and practitioners, but today it includes both sighted and visually impaired members. Many experienced instructors within the association are blind and possess significant clinical experience.

In Japan, Toyohari is taught as a 20-day postgraduate course spread over two years. Following the “Kozato Study Method,” the association’s experienced senior members provide instruction through highly organized academic and practical training methods. The European branch of Toyohari, EBTA, has developed a training program that follows the Tokyo-based curriculum.

Before his passing, the former chairman of the Toyohari Association, Kodo Fukushima, wrote the book “Meridian Therapy.” This book is required reading for Toyohari postgraduate education and, along with handouts, silver needles, and a gold-plated teishin (one of the classic 9 needles from Nanjing), is included in the training program’s price.

TOYOHARI PRINCIPLES

The principle among the techniques used in the Toyohari system is:

- Diagnosis: focuses particularly on pulse diagnosis and touch diagnosis.
- Treatment: very delicate supplementation technique; various draining techniques; harmonizing technique (waho); “contact” needling techniques (sanshin); warming moxa (chinetsukyu), direct moxa (okyu), cupping (kyukaku), specialized treatment of the neck and inguinal regions to relieve symptoms (naso & muno), specialized use of the extraordinary vessels (kikei), specialized use of midday-midnight method (shigo).
- Participants will significantly enhance their pulse and tactile diagnostic and assessment skills..
- Participants will also develop a heightened sense of qi sensitivity by utilizing Toyohari needle techniques.
- Participants will learn a variety of methods specifically aimed at relieving symptoms
- To participate in ongoing study groups, individuals can become members of the Toyohari Association in English.

POSTGRADUATE EDUCATION

The 150-hour Toyohari Basic Training Programme entitles participants to become members of the Toyohari Medical Association Japan through one of EBTA’s European branches, as well as to become registered Toyohari practitioners.

Currently, there are eight EBTA branches: Dutch, British, German, Danish, Swiss, Spanish, Portuguese, and Israeli. The primary purpose of these branches is to promote and enhance clinical skills by offering ongoing study opportunities in EBTA study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the

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Toyohari Association was established to facilitate these educational opportunities.

Upon completion of the international Toyohari Postgraduate Training Program, participants will receive a certificate signed by EBTA and the association's headquarters in Tokyo. They will then be eligible to become members of the Toyohari Association through one of the EBTA branches, and become registered Toyohari practitioner.

All teaching and professional communication will take place in easy-to-understand English, as this is the association's shared professional language. Lars Schuster will be present at all sessions and can help with any clarification needs.

All theory will be directly applied to practical skills. Approximately 70% of the program consists of supervised practical training, and for each teaching day, there will be a minimum of two instructors and two assistants available for supervision.

The international Toyohari Basic Training Programme is taught by two founding EBTA instructors: Stephen Birch, Academic Dean of the EBTA and first recipient of the Kodo Fukushima Award, and Junko Ida, President of the EBTA, former president of the first American branches and recipient of the Kozato Award.

The remaining competent international instructors are Joke Bik-Nowee, Marian Fixler, Sue Pready, Miguel Cabrer Mir, Anja Stiehle, Sascha Gröbe, Nicolas Hüppelshäuser, Lars Schuster and Naoko König.

All instructors have studied extensively in Japan, Europe and the USA.

WHERE

Holme Zen
Holme Bygade 16
8400 Ebeltøft
Danmark

Accommodation on-site is available at reasonable costs. Contact Lars Schuster at schuster@akupunk-tur.dk.

WHEN

2026:
September 11-13 (3 dage)
Oktober 9-11 (3 dage)
November 7-8 (2 dage)

2027:
Januar 16-17 (2 dage)
Februar 12-14 (3 dage)
Marts 13-14 (2 dage)
April 16-18 (3 dage)
Maj 15-16 (2 dage)

To ensure maximum practical training, the number of participants will be limited to 21. We anticipate high demand for the program, so we recommend submitting your registration as soon as possible, as applications will be processed on a first-come, first-served basis.

PLEASE NOTE: Completion of an acupuncture training program and being a registered RAB-acupuncturist are required.

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PRICE

Included in the price are: 150 hours of Toyohari Basic Training, coffee, tea and snacks on teaching days, the Toyohari textbook by Kodo Fukushima, handouts for each teaching day, silver needles used for tonifying techniques, and gilded teishin.

Three payment options are available:

1. Pay the full amount of €3,200 (approx. DKK 23,750) to secure your place.
2. Pay a non-refundable deposit of €300 (approx. DKK 2,230) to secure your place.
Then pay the remaining €2,900 (approx. DKK 21,520) no later than 1 June 2026.
3. Pay a non-refundable deposit of €300 (approx. DKK 2,230) to secure your place.
Then pay the remaining €3,200 (approx. DKK 23,750) in two monthly instalments of €1,600 (approx. DKK 11,875) each.
The first instalment is due no later than 11 July 2026, and the second instalment no later than 11 August 2026.

REGISTRATION

To register for the programme, please complete and submit the registration form and pay either the full amount or the non-refundable deposit of €300 by bank transfer.

[Registration »](#)

CONTACT

For any questions regarding the programme, please contact:

Lars Schuster
schuster@akupunk-tur.dk
+45 42 21 88 88