



HOLMEZEN

MANAKA

Manaka System Acupuncture MSA-2

When Subtle Stimulation Creates Profound Change

A specialised course for acupuncturists who have completed MSA-1

If you have completed the MSA-1 course and want to take it further then we invite you to join an intensive and practical MSA-2 course in Manaka System Acupuncture (MSA) & Ion Pumping Cords (IPC) – a method based on the work of Dr Yoshio Manaka, offering you new and effective possibilities in your clinical practice.

MSA-2 is for practitioners who wish to work systemically, precisely and effectively with MSA. You will strengthen both your understanding and technical confidence, enabling you to integrate Manaka's approach into even complex patterns with assurance and clarity.

Date: 13 - 15 March 2026

Location: Holme Bygade 16, 8400 Ebeltoft

Instructor: Oran Kivity

Target Group: Acupuncturists who have completed MSA-1



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MSA-2: FOCUS AND CONTENT

Building on MSA-1, we will explore Manaka's diagnostic and therapeutic logic in greater depth. Based on steps 1 to 4, your skills will be significantly expanded in the ability to:

- Describe a four-meridian set and test the effects of polarity placement upstream and downstream along the meridians
- Work with polarity pairs on mother and child points as an alternative to master-coupled points in the eight extraordinary meridians
- Apply root and branch treatment using okyu, including Sawada's Taiji protocol and formulas from The Moon Over Matsushima
- Calculate open points and use Chinese biorhythms (24-hour, 10-day and 60-day cycles) to release pressure pain patterns and resolve diagnostic blockages
- Practise the use of phase points in the 24-hour cycle (step 4) to treat persistent symptoms
- Work with Manaka's hammer and training needle – and understand meridian frequencies in practice from steps 1 to 4
- Perform five new Sotai exercises (step 3), both with and without okyu
- Learn to insert hinaishin needles and understand the differences between empishin, hinaishin and ryu
- Use five meridian stretches with moxa for the neck and upper extremities
- Apply the techniques precisely to relevant areas of the body

The course consolidates Level 1 and provides you with a substantially extended toolkit. There will be ample time for hands-on training and shared reflection – all rooted in real clinical practice.

ABOUT ORAN KIVITY

British acupuncturist Oran Kivity trained in Europe, China, and Japan. In continuous practice since 1987, he has specialised in Japanese acupuncture and moxibustion, and in 2000, was a founder member of Toyohari UK, the British branch of the Toyohari Association of Japan.

In recent years, he developed the Ontake Method, an integrative approach to moxibustion inspired by Japanese theoretical models, including Manaka System Acupuncture. It won the award for Most Innovative Healing Method from Harper's Bazaar Magazine in 2014 and Global Health Pharma in 2019.

In 2019, Oran founded Sayoshi Books, an independent publishing imprint dedicated to high-quality books on Japanese acupuncture, moxibustion, and traditional East Asian medicine. Sayoshi Books now publishes the work of leading practitioners from around the world, offering fresh perspectives on traditional techniques.

WHERE, WHEN, PRICE, REGISTRATION AND ACCOMMODATION

Holmezen
Holme Bygade 16
8400 Ebeltøft
Danmark

Friday, 13 March, 12:00-20:00
Saturday, 14 March, 09:00-18:00
Sunday, 15 March, 08:30-20:00



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Price: DKK 2,800 – with full payment by 12 March 2026.

Early bird (10%): DKK 2,520 – with full payment by 1 February 2026.

The price includes the 3-day MSA-3 course, coffee, tea and snacks during teaching days.

Registration: <https://holmezen.dk/2025/10/28/manaka-systemisk-akupunktur-msa-2-marts-2026/>

NB. Your registration is confirmed only upon receiving a confirmation email with payment details.

To ensure quality and in-depth learning, places are limited – early registration is recommended.

Accommodation: Available on-site at a reasonable rate – contact Lars Schuster at schuster@akupunk-tur.dk.

Questions ?

Lars Schuster

Email: schuster@akupunk-tur.dk

Phone: +45 42 21 88 88



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