

EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION

LUMANERI HOUSE, BLYTHE GATE, BLYTHE VALLEY PARK, SOLIHULL B90 8AH, UK

TOYOHARI JAPANESE NEEDLE THERAPY

Program 2023-2024

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LUMANERI HOUSE, BLYTHE GATE, BLYTHE VALLEY PARK, SOLIHULL B90 8AH, UK

SEPTEMBER 8-10, 2023 [Weekend 1]

Instructors: Stephen Birch, Lars Schuster.
Table assistants will be present.

Friday, September 8, 13.00 - 19.30

13.00 - 13.30	Introduction to the program.
13.30 - 13.50	Questions and discussion of the history of acupuncture, meridian therapy and Toyohari.
13.50 - 14.40	Treatment demonstration.
14.40 - 14.55	Tea break.
14.55 - 15.10	Questions and discussion of the nature of thinking Toyohari and the Toyohari theories.
15.10 - 17.15	Diagnosis 1: Questions and discussion of pulse diagnosis practise. Review, demonstration and practise of pulse diagnosis to identify basic pulse qualities and weakest yin meridian pulses.
17.15 - 18.35	Meal break.
18.35 - 19.30	Monitoring the pulse and how it changes. Demonstration of pulse changes in point location and needling.

Saturday, September 9, 09.00 - 17.30

09.00 - 10.30	Point Location 1: The presently alive point, concepts and methods and how to touch. Practise (LU-9 + SP-3).
10.30 - 10.45	Tea break.
10.45 - 12.00	Diagnosis 2: Pulse diagnosis continued, and practise of this.
12.00 - 13.00	Diagnosis 3: Questioning, audio-visual, olfactory inspection, and practise of this.
13.00 - 14.20	Lunch.
14.20 - 16.00	Needling 1: Posture, oshide and sashide. Holding the needle, the technique and methods of study. Demonstration and practise of basic ho/tonification needling.
16.00 - 16.15	Tea break.
16.15 - 16.45	Questions and discussion of organ theory, meridian theory, tonification and draining.
16.45 - 17.20	Treatment demonstration.
17.20 - 17.30	Questions and answers.

Sunday, September 10, 09.00 - 15.30

09.00 - 10.00	Needling 2: Review, demonstration and practise of basic ho/tonification needling.
10.00 - 11.00	Diagnosis 4: Abdominal diagnosis and meridian palpation. Demonstration and practise.
11.00 - 11.15	Tea break.
11.15 - 12.15	Point Location 2: Review, demonstration and practise (LV-8 + KI-10).
12.15 - 13.35	Lunch.
13.35 - 15.00	Needling 3: Basic needling and pulse feedback practise.
15.00 - 15.30	Questions and answers.

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OCTOBER 6-8, 2023 [Weekend 2]

Instructors: Marian Fixler, Lars Schuster
Table assistants will be present.

Friday, October 6, 13.00 - 20.30

13.00 - 13.20	Introduction to the weekend.
13.20 - 14.00	Diagnosis 1: 4 diagnosis and pulse diagnosis review.
14.00 - 15.00	4 diagnoses practise.
15.00 - 15.15	Tea break.
15.15 - 15.45	Diagnosis 2: Questions and discussion of selection of sho, judging prognosis and dosage.
15.45 - 16.40	Selection of sho practise.
16.40 - 18.00	Meal break.
18.00 - 19.10	Point Location 1: Review and practise (KI-7, LU-5).
19.10 - 20.30	Needling 1: Basic ho/tonification needling review and practise.

Saturday, October 7, 09.00 - 17.30

09.00 - 10.15	Diagnosis 3: Pulse diagnosis review and practise.
10.15 - 10.30	Questions and discussion on the etiology of disease.
10.30 - 11.00	Demonstration of pulse changes with point location and needling (Kozato method rehearsal).
11.00 - 11.15	Tea break.
11.15 - 12.40	Diagnosis 4: Selection of sho practise.
12.40 - 14.00	Lunch.
14.00 - 15.15	Needling 3: Basic shaho - repletion-draining technique.
15.15 - 15.30	Lecture, demonstration and practise.
15.30 - 16.15	Tea break.
16.15 - 17.15	Basic shaho practise.
17.15 - 17.30	Treatment demonstration.
	Questions and answers.

Sunday, October 8, 09.00 - 16.30

09.00 - 09.30	Theory: Review and recapitulation of core theories.
09.30 - 10.30	Needling 4: Ho/tonification needling and shaho/draining practise.
10.30 - 10.45	Tea break.
10.45 - 11.45	Point Location 2: Practise (SP-3, PC-7).
11.45 - 12.40	Diagnosis 4: 4 diagnoses and selection of sho practise.
12.40 - 14.00	Lunch.
14.00 - 14.40	Needling 5: Review of shaho technique and pulses.
14.40 - 16.00	The theory, importance and methods of The Kozato method. Kozato practise: Selection sho and needling with feedback.

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NOVEMBER 11-12, 2023 [Weekend 3]

Instructors: Sue Pready, Ramin Khaknegar-Moghaddam
Table assistants will be present.

Saturday, November 11, 09.30 - 17.30

09.30 - 09.40	Introduction to the weekend.
09.40 - 10.50	Diagnosis 1: Questions and discussion of clarifying a difficult pulse. Selection sho practise.
10.50 - 11.10	Diagnosis 2: Questions and discussion of the secondary pattern controlling cycle and kyo-jitsu options.
11.10 - 11.30	Discussion and implication of jitsu findings on abdomen or pulse before deciding the primary sho. Tea break.
11.30 - 11.45	Point Location 1: Review and practise (LV-3, SP-9).
11.45 - 12.40	Lunch.
12.40 - 14.00	Needling 1: Ho/tonification needling and shaho/draining review and practise. Tea break.
14.00 - 15.30	Kozato practise: Selection sho, ho/tonification needling of primary points, selection and needling of the secondary pattern with pulse feedback.
15.30 - 15.45	
15.45 - 17.30	

Sunday, November 12, 09.00 - 16.00

09.00 - 10.30	Supportive treatments 1: Questions and discussion of supportive treatment methods. Demonstration and practise of chishin, press-tack, intradermal, press-sphere and chinetsukyu. Tea break.
10.30 - 10.45	
10.45 - 12.00	Supportive treatments 2: Demonstration and practise of okyu. Point Location 2: Practise (LU-5, KI-3). Lunch.
12.00 - 12.40	
12.40 - 14.00	
14.00 - 14.45	Diagnosis 3: Questions and discussion of clarifying and confirming a pattern when signs are complicated or difficult, and demonstration of this. Needling 2: Ho/tonification needling and shaho/draining practise. Questions and answers.
14.45 - 15.45	
15.45 - 16.00	

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JANUARY 13-14, 2024 [Weekend 4]

Instructors: Joke Bik Nowee, Nicolas Hüppelshäuser

Table assistants will be present.

Saturday, January 13, 09.30 - 17.30

09.30 - 09.40	Introduction to the weekend.
09.40 - 09.55	Diagnosis 1: Questions and discussion of yang meridian pulse diagnosis and prioritising what to treat.
09.55 - 11.25	Diagnosis 2: Questions and discussion of finding jyaki in the pulse. Selection sho practise. Identifying pulses with jyaki.
11.25 - 11.40	Tea break.
11.40 - 11.55	Questions and discussion of point selection for primary and secondary patterns.
11.55 - 12.20	Questions and discussion of point selection for yang meridians. Demonstration of yang meridian luo point selection.
12.20 - 13.40	Lunch.
13.40 - 15.10	Needling 1: Pulse quality diagnosis for shaho - modifying the technique according to the pulse. Demonstration and practise. Ho/tonification needling and shaho/draining practise.
15.10 - 15.25	Tea break.
15.25 - 16.10	Diagnosis 3: Selection primary sho, secondary and yang meridians practise.
16.10 - 17.30	Needling 2: Waho technique, and demonstration and practise of this.

Sunday, January 14, 09.00 - 16.00

09.00 - 10.30	Practise 1: Selection and treatment of primary sho, and examining yin and yang pulses for shaho.
10.30 - 10.45	Tea break.
10.45 - 11.30	Treatment demonstration.
11.30 - 12.20	Point Location 1: Explanation of point location on yang meridians. Practise (TB-4, ST-40, ST-36).
12.20 - 13.40	Lunch.
13.40 - 15.45	Kozato practise: Selection sho, treatment of sho, secondary and yang meridians with pulse feedback.
15.45 - 16.00	Questions and answers.

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FEBRUARY 16-18, 2024 [Weekend 5]

Instructors: Junko Ida, Lars Schuster
Table assistants will be present.

Friday, February 16, 13.00 - 20.00

13.00 - 13.10	Introduction to the weekend.
13.10 - 14.20	Diagnosis 1: Selection sho and secondary patterns practise.
14.20 - 15.15	Point Location 1: Practise (TB-5, SI-7, LI-6).
15.15 - 15.30	Tea break.
15.30 - 16.50	Supportive treatments 1: Shigo.
16.50 - 18.10	Meal break.
18.10 - 19.10	Needling 1: Ho/tonification and shaho/draining review and practise.
19.10 - 20.00	Questions and discussion of sanshin/touching needle technique over an area (ho and sha), and demonstration and practise of this.

Saturday, February 17, 09.00 - 17.30

09.00 - 09.50	Diagnosis 2: Selection sho, secondary and yang meridians practise.
09.50 - 10.50	Questions and discussion of correcting a mistaken treatment.
10.50 - 11.05	Demonstration and practise.
11.05 - 13.00	Tea break.
13.00 - 14.20	Supportive treatments 1: Naso and Muno (treatment with hoho over kyo areas).
14.20 - 15.45	Lunch.
15.45 - 16.00	Diagnosis 3: Selection sho, confirmation by needling and checking changes of naso-muno regions practise.
16.00 - 16.30	Tea break.
16.30 - 17.30	Treatment demonstration.
	Practise 2: Kozato practise: Selection of primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings with pulse feedback.

Sunday, February 18, 09.00 - 16.00

09.00 - 09.20	Questions and discussion of pathology.
09.20 - 11.00	Needling 2: Ho/tonification and shaho/draining review and practise.
	Introduction to the use of the teishin for hoho.
	Introduction to basic uses of zanshin/enshin.
11.00 - 11.15	Tea break.
11.15 - 12.15	Point Location 2: Practise (GB-37, BL-58, LU-8).
12.15 - 13.35	Lunch.
13.35 - 15.45	Practise 3: Kozato practise: Selection of sho, hoho at primary points. Selection of secondary, ho or sha. Selection of yang meridians, ho or sha.
15.45 - 16.00	Questions and answers.

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MARCH 16-17, 2024 [Weekend 6]

Instructors: Miguel Cabrer Mir, Sascha Gröbe

Table assistants will be present.

Saturday, March 16 15, 09.30 - 17.30

09.30 - 09.40	Introduction to the weekend.
09.40 - 10.30	Point Location 1: Practise (LV-4, SP-5, HT-7).
10.30 - 11.30	Needling 1: Introduction to fujitsu and genjitsu shaho techniques. Demonstration and practise.
11.30 - 11.45	Tea break.
11.45 - 13.00	Naso-muno palpation practise and treatment by hoho needling of naso/muno practise.
13.00 - 14.20	Lunch.
14.20 - 14.40	Theory 1: Treatment flow chart.
14.40 - 15.30	Diagnosis 1: Selection sho, secondary and yang meridians practise.
15.30 - 15.45	Tea break.
15.45 - 16.00	Questions and discussion about the Toyohari Association, study groups, meetings and study opportunities.
16.00 - 17.30	Kozato practise 1: Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings with pulse feedback.

Sunday, March 17, 09.00 - 16.30

09.00 - 10.30	Supportive treatments: Questions and discussion of Kikei – extraordinary vessels. Demonstration and practise.
10.30 - 10.45	Tea break.
10.45 - 12.20	Supportive treatments 2: Kikei practise.
12.20 - 13.40	Lunch.
13.40 - 14.30	Hoho, shaho and waho review and practise.
14.30 - 15.45	Kozato practise 2: Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings with pulse feedback. Supportive txs.
15.45 - 16.00	Questions and answers.

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APRIL 12-14, 2024 [Weekend 7]

Instructors: Anja Stiehle, Miguel Cabrer Mir

Table assistants will be present.

Friday, April 12, 13.00 - 20.45

13.00 - 13.10	Introduction to the weekend.
13.10 - 14.30	Diagnosis 1: Lecture and practise. 4 diagnosis and selection sho review.
14.30 - 15.30	Point Location 1: Review and practise.
15.30 - 15.45	Tea break.
15.45 - 17.15	Needling 1: Introduction to ko and ken jin shaho techniques. Demonstration and practise.
17.15 - 18.35	Meal break.
18.35 - 20.45	Kozato practise.

Saturday, April 13, 09.00 - 17.30

09.00 - 10.30	Needling 2: Hoho, shaho and waho review and practise.
10.30 - 10.45	Tea break.
10.45 - 12.30	Supportive treatments 1: Kikei and shigo review and practise.
12.30 - 13.00	Case presentation.
13.00 - 14.20	Lunch.
14.20 - 15.20	Diagnosis 2: Selection sho practise.
15.20 - 15.40	The Kozato method - Theory and importance.
15.40 - 15.55	Tea break.
15.55 - 17.30	Kozato practise 1: Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho according to the findings with pulse feedback. Kikei or shigo as appropriate.

Sunday, April 14, 09.00 - 16.00

09.00 - 09.25	Case presentation.
09.25 - 10.20	Needling: Hoho, basic shaho and waho review and practise.
10.20 - 10.35	Tea break.
10.35 - 11.50	Supportive treatments 3: Review, expansion, demonstration and practise of naso and muno (expanded treatment methods).
11.50 - 13.10	Lunch.
13.10 - 14.45	Supportive treatments 4: Naso and muno practise.
14.45 - 15.50	Kozato practise 2: Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings with pulse feedback.
15.50 - 16.00	Questions and answers.

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MAY 25-26, 2024 [Weekend 8]

Instructors: Stephen Birch, Lars Schuster

Table assistants will be present.

Saturday, May 25, 09.30 - 17.30

09.30 - 09.40	Introduction to the weekend.
09.40 - 10.00	Theory 1: Overview of whole treatment - root treatment, branch treatment, supportive treatment and flow chart.
10.00 - 11.00	Point Location 1: Review and practise.
11.00 - 11.15	Tea break.
11.15 - 12.40	Diagnosis 1: Review and practise.
12.40 - 14.00	Lunch.
14.00 - 15.30	Needling: Review all techniques. Hoho, shaho and waho practise.
15.30 - 15.45	Tea break.
15.45 - 17.30	Practise 1: Kozato and supportive treatment practise. Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings. Selection supportive treatments (naso, muno, kikei, shigo). Check naso-muno changes alongside pulse changes.

Sunday, May 26, 09.00 – 16.00

09.00 - 10.00	Questions and discussion about treatment of children with Toyohari. Demonstration of techniques.
10.00 - 10.15	Tea break.
10.15 - 11.40	Practise 1: Kozato and supportive treatment practise. Selection primary sho, secondary sho and yang meridians with hoho, shaho and waho, according to the findings. Selection supportive treatments (naso, muno, kikei, shigo). Check naso-muno changes alongside pulse changes.
11.40 - 12.40	Needling 2: Hoho, shaho and waho techniques demonstrated on teachers.
12.40 - 14.00	Lunch.
14.00 - 15.15	Needling 3: Hoho, shaho and waho techniques demonstrated on teachers.
15.15 - 15.30	Overview of the Toyohari Association, study groups, meetings and study opportunities.
15.30 - 16.00	Questions, answers, evaluations and comments.