

EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION

LUMANERI HOUSE, BLYTHE GATE, BLYTHE VALLEY PARK, SOLIHULL B90 8AH, UK

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# TOYOHARI JAPANESE NEEDLE THERAPY

**Over eight weekends, twenty days, 150 hours**

The European Branch of the Toyohari Association (EBTA) is pleased to announce  
the first International Toyohari Post Graduate Training Program in Denmark.

Instructors:

Stephen Birch, Junko Ida, Joke Bik-Nowee, Marian Fixler, Sue Pready,  
Anja Stiehle, Miguel Angel Cabrer Mir, Neil Scott-Kiddie, Ramin Khaknegar-Moghaddam,  
Sascha Gröbe, Nicolas Hüppelshäuser og Lars Schuster.

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## WHAT IS TOYOHARI

Toyohari is a form of Keiraku Chiryō, a Japanese meridian therapy. It is a theoretically simple yet technically sophisticated complete acupuncture system. Toyohari sets itself apart from most other forms of acupuncture by being a more subtle and sensitive treatment method that places great emphasis on pulse diagnosis and palpation skills.

The Toyohari Medical Association has developed unique training and teaching methods that can expedite the acquisition of these skills, which typically take many years of practice to attain. Many individuals who have studied the Toyohari style within acupuncture have expressed that it resembles more closely what they initially expected to study in their acupuncture foundational education.

## THE HISTORY

Kodo Fukushima, a blind Japanese acupuncturist, founded the Toyohari Medical Association in 1959 as an advancement of the meridian therapy practiced by blind practitioners in the 1930s and 1940s. Initially, the association was dedicated to Japanese meridian therapy for blind students and practitioners, but today it includes both sighted and visually impaired members. Many experienced instructors within the association are blind and possess significant clinical experience.

In Japan, Toyohari is taught as a 20-day postgraduate course spread over two years. Following the “Kozato Study Method,” the association’s experienced senior members provide instruction through highly organized academic and practical training methods. The European branch of Toyohari, EBTA, has developed a training program that follows the Tokyo-based curriculum.

Before his passing, the former chairman of the Toyohari Association, Kodo Fukushima, wrote the book “Meridian Therapy.” This book is required reading for Toyohari postgraduate education and, along with handouts, silver needles, and a gold-plated teishin (one of the classic 9 needles from Nanjing), is included in the training program’s price.

## TOYOHARI PRINCIPLES

The principle among the techniques used in the Toyohari system is:

- **Diagnosis:** focuses particularly on pulse diagnosis and touch diagnosis.
- **Treatment:** very delicate supplementation technique; various draining techniques; harmonizing technique (waho); “contact” needling techniques (sanshin); warming moxa (chinetsukyu), direct moxa (okyu), cupping (kyukaku), specialized treatment of the neck and inguinal regions to relieve symptoms (naso & muno), specialized use of the extraordinary vessels (kikei), specialized use of midday-midnight method (shigo).
- Participants will significantly enhance their pulse and tactile diagnostic and assessment skills..
- Participants will also develop a heightened sense of qi sensitivity by utilizing Toyohari needle techniques.
- Participants will learn a variety of methods specifically aimed at relieving symptoms
- To participate in ongoing study groups, individuals can become members of the Toyohari Association in English.

## POST-GRADUATE EDUCATION

Graduating from the 150-hour program entitles the participant to become a member of the Toyohari Medical Association through one of EBTA’s European branches, as well as to become a registered Toyohari practitioner.

Currently, there are eight EBTA branches: Dutch, British, German, Danish, Swiss, Spanish, Portuguese, and Israeli. The primary purpose of these branches is to promote and enhance clinical skills by offering ongoing study opportunities in EBTA study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the Toyohari Association was established to facilitate these educational opportunities.

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Upon completion of the international Toyohari program, participants will receive a certificate signed by EBTA and the association's headquarters in Tokyo. They will then be eligible to become members of the Toyohari Association through one of the EBTA branches.

All teaching and professional communication will be conducted in easily understandable English as it is the common professional language of the association. Lars Schuster will be present during all teaching sessions and can address any understanding issues.

All theory will be directly applied to practical skills. Approximately 70% of the program consists of supervised practical training, and for each teaching day, there will be a minimum of two instructors and two assistants available for supervision.

The program is taught by two founding EBTA instructors and approximately ten other competent international instructors, all of whom have been trained in previous international Toyohari programs.

founding instructors: Stephen Birch, Academic Dean of EBTA and the inaugural recipient of the Kodo Fukushima Award.

Junko Ida, President of EBTA, former President of the first American branches, and recipient of the Kozato Award. Both have studied and lived in Japan, Europe, and the USA.

Other instructors: Joke Bik-Nowee, Marian Fixler, Sue Pready, Miguel Cabrer Mir, Anja Stiehle, Ramin Khaknegar-Moghaddam, Sascha Gröbe, Nicolas Hüppelshäuser og Lars Schuster, der alle har studeret intenst i Europa og Japan.

## WHERE

Holme Zen  
Holme Bygade 16  
8400 Ebeltøft  
Danmark

## WHEN

2023:  
September 8-10 (3 days)  
October 6-8 (3 days)  
November 11-12 (2 days)

2024:  
January 13-14 (2 days)  
February 16-18 (3 days)  
March 16-17 (2 days)  
April 12-14 (3 days)  
Maj 25-26 (2 days)

In total 150 hours

To ensure maximum practical training, the number of participants will be limited to 21. We anticipate high demand for the program, so it is advised not to delay your application as they will be processed on a first-come, first-served basis.

NOTE: Completion of an acupuncture training program and being a registered RAB-acupuncturist are required.

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## ON-SITE ACCOMMODATION

at reasonable costs is available, contact Lars Schuster: [schuster@akupunk-tur.dk](mailto:schuster@akupunk-tur.dk)

Once the application form and deposit have been received, you will receive a letter confirming your place in the program. Please complete the registration form below electronically and send it to [junkoida1@aim.com](mailto:junkoida1@aim.com) or to the following address: Junko Ida, Toyohari Training Program, W.G. Plein 330, 1054 SG Amsterdam, the Netherlands.

## THE PRICE

The price includes an eight-weekend, twenty-day, 150 hours postgraduate program.

Also included are coffee, tea and snacks on educational days, the Toyohari textbook by Kodo Fukushima, handouts for every educational day and silver needles used for tonifying techniques and gilded teishin.

3.300 € if you pay in 7 rates.

3.000 € if full payment before July 1, 2023.

## PAYMENT INFORMATION

Please fill in your name in connection to the payment.

Any transfer costs are paid by the applicant.

Bank: Apobank

Please pay to: Toyohari Association Deutschland e.V.

IBAN DE78 3006 0601 0107 7501 37

BIC DAAEDEDXXX

## APPLICATION

To apply and enroll in the program, please fill out and submit the application form AND make a non-refundable deposit of 300 euros via bank transfer.

For any questions regarding the program, please contact:

Lars Schuster at [schuster@akupunk-tur.dk](mailto:schuster@akupunk-tur.dk) or +45 4221 8888.

[Download application here »](#)